

SALLY LEWIS

Sally Lewis, 47, of New Auburn lives on her childhood farm which she hopes to one day establish as a spiritual and holistic wellness center for personal growth. The most important relationships in her life are those with a creative force and one of acceptance of self.

"All other relationships will be fulfilling when you have no need to compare, compete, or judge another person," Sally said.

Though she has training in science – she's a medical technologist at St. Joseph's Hospital – Sally says, "I do not discount the healing powers of spirit and our own body's ability to heal itself and naturally maintain wellness."

The hardest struggle I have overcome so far... is to give myself permission to give up unhealthy relationships that have held me back from living life more fully.

I miss... my parents, Thomas and Doris Lewis.

The best day of my life is... any day I get to be out in nature.

The biggest blessing in disguise was... the ending of my marriage. I have returned to a more spiritual way of being human in this world.

I wish... I would have pursued a career in performing dance. I may still do that since I am signing up for lessons this spring.

My favorite childhood memory... is Mom preparing goodies in our kitchen, using the wood-burning cook stove.

Growing up I wanted to be... around the animals and to become a veterinarian.

One person I look up to is... Amelia Earhart.

My proudest moment was... when I looked my greatest fear in the face, acknowledged it and moved on with my life.

My favorite place in the world is... the Chippewa Moraine segment of the Ice Age Trail.

The best kept secret in Chippewa County is... the healing capabilities of the Ice Age Reserve.

My unfulfilled dream is... to establish a spiritual/ holistic wellness/ personal growth center on my childhood dairy farm.

My biggest embarrassment is... to have misplaced my trust in the past.

The best surprise I ever got was... to see how accurate my intuition has and continues to be in my life.

A challenge for me is... really an opportunity to grow. I am challenged with feeling safe to express my true opinions and beliefs.

Nobody knows... I am fortunate to have always had someone to share my deepest secrets with so there is nothing that "nobody" knows.

My ideal day is... one that includes outdoor time and appreciating all of my senses.



PHOTO BY CANDICE NOVITZKE / THE CHIPPEWA HERALD

Sally Lewis and her dog Tasha ponder the possibilities from the loft of the old barn on her parents' farm in New Auburn. "I have dreams of eventually transforming this barn into a gym-conference center-dance hall," Sally said.